



2021

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Send your articles, jokes, poems and art-work to Rick T. info@aamesaaz.org

NO BOOZE NEWS

The Importance of Step Twelve

Freedom from all Unresolved Mental Issues

In chapter 11 in The Big Book (A VISION FOR YOU) it starts off by reminiscing about the early days of an alcoholic's drinking and how it gave us the feeling that life was good, but not so in the later times. It then talks about the hideous four horsemen, Terror, Bewilderment, Frustration, and Despair, and then the next line is: Unhappy drinkers who read this page will understand. When I read that Chapter I knew that I was qualified, as it was the blueprint of my life, up to that moment. What I didn't understand was that drinking was but a symptom of a much deeper-rooted emotional problem and after many years of sobriety, I still had trouble articulating how one caused the other.

In the first paragraph of Step Twelve in the Twelve Steps and Twelve Traditions (12&12) it talks about finding emotional sobriety. What emotions are we talking about, that's what I wanted to know? As a child, I had very little supervision and I grew up in a dysfunctional environment. I did a lot of things that I was ashamed of, but I never knew how these things would come back to haunt me later in life. As I started drinking, it immediately relieved me of the guilt and shame, and it even gave me license to continue acting badly as long as I could rationalize and lie about my behavior.

The only thing that I hadn't considered was that I couldn't hide from my Conscience, and it plagued me till I couldn't sleep at night without drinking myself into oblivion.

I had been a taker all my life. I never got enough of what I thought I needed. I was insecure. I had no self-esteem. No one had any respect for me except for the (want to be) losers like myself. Guilt and shame, brought on by a hundred forms of fear ruled my mind. Not a happy way to live! When they ask me what freedom I cherish the most as the result of practicing the program, most of my fellow members would expect me to say freedom from Alcohol but, they would be mistaken. I would reply that the freedom from all those unresolved mental issues that plagued me to the point that only a drink would quiet my mind. The hope that I experienced the minute I embraced this program, at the level of my innermost self, removed the obsession to drink alcohol and it has never returned. I no longer have any fear of alcohol. Having cleaned up the wreckage of the past by thoroughly taking the steps and ridding myself of the selfish motives, my conscience is clear.

Quote of the Month

Nobody invented Alcoholics Anonymous. It grew. Trial and error has produced a rich experience. Little by little we have been adopting the lessons of that experience, first as policy and then as tradition. That process still, goes on and we hope it never stops. Should we ever harden too much, the letter might crush the spirit. We could victimize ourselves by petty rules and prohibitions; we could imagine that we had said the last word.

Bill W. 1956

My self-esteem is High, and the feeling of wellbeing is my constant companion. I'm so glad that I didn't fall into that category that become complacent and think that I could rest on my laurels (as they say) at any point as I understand the meaning of Step Twelve suggests, Practicing These Principles in all our Affairs. I try always to be an asset and never a liability. I am neither a victim nor perpetrator. I am always willing to make things right as best I can. I can be trusted and relied upon. I feel that I am on the positive side of the ledger. Peace of mind and a quiet heart have been my goal ever since I entered A. A. and I am happy to say that I haven't been disappointed. One of my favorite prayers is: Thank You God; it's everything you promised it would be.

By Rick R.

WHITE-KNUCKLE WEDDING

From the DECEMBER 2010 GRAPEVINE

Sober at a reception? Who would have thought?

SO this weekend was strange. Some good; some bad. My boyfriend was officiating at a wedding ceremony and I was invited as a guest of the reverend. The wedding was between a "normie" and a member of the program. The rehearsal dinner was at a brewery.

I was apprehensive in the beginning, but the food on Friday evening was so good I quickly forgot about the beer-tasting that accompanied each course. I think I handled myself well (as did all of the guests) and I had an enjoyable evening chatting. with the groom's brother and his wife, who were from Santa Barbara.

The next day we attended the ceremony and reception, which included an open bar. Again, I abstained, but I'll be honest, my brain kept screaming, "Free liquor!" I know better. I know where it ends up and it's an ugly place. It's not a nice place to visit and I wouldn't want to live there either. Just when I think the obsession has been lifted, I drive by a billboard for some new type of tequila, or there's free liquor, or I use hand sanitizer and my sick self goes, Ooh, that smells mighty tasty!

To digress for a moment, I was also a painfully ugly teenager who started drinking at age 15. I had acne. It was bad. I wore braces and glasses and wool slacks to school. I hated those pants. I never learned how to do my hair or make-up. I'd never been sober at a wedding, let alone been an attractive (if I may say so) sober woman at a wedding. I felt like an imposter. Like this strange, beautiful, happy, exotic jungle bird who suddenly found herself in Central Park. I was definitely out of my element and out of my comfort zone, but the point is, I was learning how to live.

So at nearly eight months, I'm right where I should be. I stuck with the winners at the reception. I hit a meeting immediately following the festivities. And when I woke up, I wasn't hung-over.

Who would have thought?

BY: LIZ P. | TEMPE, ARIZ.



Happy Holidays!



Words From the Big Book

*Tell him exactly what happened to you. Stress the spiritual feature freely. If the man be agnostic or atheist, make it emphatic that **he does not have to agree with your conception of God.** He can choose any conception he likes, provided it makes sense to him. **The main thing is that he be willing to believe in a Power greater than himself and that he live by spiritual principles.***

When dealing with such a person, you had better use everyday language to describe spiritual principles. There is no use arousing any prejudice he may have against certain theological terms and conceptions about which he may already be confused. Don't raise such issues, no matter what your own convictions are.

PG. 93

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form revised 9/020

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News Subscription / Renewal (\$18.00 annual subscription fee enclosed)**

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

Phones Night & Weekend

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

Committees of Interest

Check only those you are willing to serve on

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**



LIVE AND IN PERSON

ROUNDUPS, CAMPOUTS AND CONFERENCES

RIVER ROUNDUP

JANUARY 7 ~ 9, 2022

RIVERSIDE RESORT

LAUGHLIN NV

Check the events page on our website. We will post information as it becomes available.

6TH ANNUAL HISPANIC WOMEN IN A.A.

DECEMBER 4TH, 2021

3220 FAIR LANE

TEMPE, AZ

Step Twelve~ Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Tradition Twelve~ Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Concept Twelve~ The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.



2021 EVI

Thanksgiving Alcathon

12pm Wednesday, November 24

12pm Friday, November 26

2222 S Price Rd. Tempe

(Church of the Epiphany)

Meetings on the odd hours,

Traditions Play - 7pm Nov. 25th

Lots of Fun, Food

Fellowship and Recovery



2021 EVI 2nd Annual

New Years Eve Party

5:30pm December 31, 2021

6:00pm Dinner Served

7:15pm Speaker Meeting

9:00pm Dance the Year Away

2222 S Price Rd. Tempe

(Church of the Epiphany)

Speaker Meeting

Fellowship and Recovery

Dinner and Dance \$20

Dance 2021 Away

August Sobriety Anniversaries

Name	Date	Days
Lila J.	12/20/1981	14610
Steve C.	12/23/1981	14610
Sheri S.	12/19/1982	14245
Mike S.	12/17/1984	13514
Gary P.	12/18/1984	13514
Peter P.	12/13/1985	13149
Lee N.	12/8/1986	12784
Shelly P.	12/21/1986	12784
Thomas M.	12/27/1988	12053
Tom P.	12/18/1989	11688
Joe D.	12/28/1989	11688
Lois L.	12/3/1991	10958
Robin F.	12/13/1993	10227
Scott K.	12/10/1995	9507
Karen N.	12/12/1996	9131
Denny P.	12/23/1997	8766
Gabi N.	12/17/2000	7670
Paul P.	12/19/2000	7670
Maria S.	12/13/2001	7305
Sharon A.	12/4/2008	4748
Lars S.	12/26/2008	4748
Sheila H.	12/7/2009	4383
Corie R.	12/29/2009	4383
Andrea M.	12/4/2011	3653
Jeff R.	12/5/2011	3653
Jan N.	12/26/2011	3653
Jeremiah N.	12/1/2013	2922
Tracy B.	12/17/2013	2922
Jeff B.	12/18/2013	2922
Erik J.	12/25/2013	2922
Debi W.	12/30/2013	2922
Wesley H.	12/12/2014	2557
John S.	12/20/2014	2557
Victor V.	12/1/2015	2192
Hope J.	12/24/2017	1461
Michael K.	12/20/2018	1101
Jacob M.	12/25/2018	1096
Lorrie R.	12/28/2018	1096
Sylvia O.	12/11/2019	731
Bri H.	12/18/2019	731
Katie H.	12/26/2018	731



Man's Four Stages of Life

1. You believe in Santa Claus.
2. You don't believe in Santa Claus.
3. You are Santa Claus.
4. You look like Santa Claus.

At Wits End

Heard at a meeting

"While you set the bar really high, I sat at the bar really high."

—Ed L., Wrightwood, Calif.

Singin' the blues

An experienced drinker decided to write a song about drinking ... but he just couldn't make it past the first two bars.

—Therese G., Tisdale, Saskatchewan

Heard at a meeting

"I swear to God I'm an atheist!"

—Chris N., Pueblo, Colo.

Bad investment

Q: How do you turn an alcoholic into a millionaire?

A: Give him a billion dollars.

—J.D., Big Lake, Minn.

Get Published!

Send your articles, jokes, poems and artwork to Rick T.
info@aamesaaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

On ZOOM

aamesaaz.org

Or

Workshops can be done at your Group !

For more information

Call Lisa V.

480 827-1905

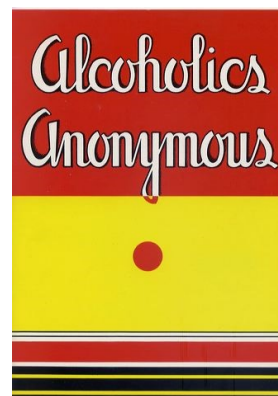
**EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jerry C. 480 834-9033

HOST GROUP SCHEDULE

Jan 1 ~ TBD

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting***1st Friday of Every Month******2222 S Price Rd. Tempe******(Church of the Epiphany)*****Doors open at 7:00pm*****Now Live only, no more ZOOM*****December 4 ~ The Way Out**

January 7 ~ TBD

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Regular Shifts Available *****

Central Office Manager's Report

November 19, 2021

Welcome home to all our Winter Members, it is good to have you back.

In October we received 501 requests for information and assistance. Of those 123 calls were for meeting info, 153 office visitors and 13 resulted in a 12-step call. Our website stayed busy too. It had 26,679 visits in the last 30 days. Our Google listing received 5,197 views in November with 39 giving us a call, 359 visiting our website and 91 requesting directions to the office.

We are in the process of making a Holiday Event Schedule again this year for the phone volunteers and anyone interested in sober festivities. If your group is planning an Alcañon or any other special schedule changes for the holidays, please let me know so we can share that information with the Fellowship.

There is currently plenty of literature in stock at the office for the holiday season. We have an order placed to stock up a bit as AAWS is starting to experience difficulty filling orders. They are currently out of 8 different titles. They are also seeing a 10 to 15% increase in materials for production.

We have selected 4 public service announcements, provided from the General Service Office, to run over the holiday season on local radio stations. They are "Everybody Was on My Case. The Easier Softer Way. Never Alone and People Just Like Me." They are all 30 second spots and can be previewed at aa.org. After much research and negotiation, we will be airing 96 spots on KTAR and 168 spots on KAZG in a mix of time slots. Another 280 spots each will be aired on KUPD and KSLX in overnight slots for a total of 824 spots that will duplicate on the streaming services for each station. This service will run from November 22 to January 16 with an option to extend if funds allow. The total cost of this radio campaign was \$2,719.56. For the remainder of the budgeted funds there is a \$4,000 multi media package being compiled with AZ Family broadcasting. Details on this bundle will be available next month.

If you have been wondering what to get the Intergroup office for the Holidays.... We would like pictures of your meeting room. Just the room, chairs, podium etc. with no people, in the style of the long running Grapevine segment "If Walls Could Talk." There is some empty wall space at the office where we would like to display our local meeting rooms. Pics can be emailed to the office at info@aamesaaz.org and we can print them here.

Service opportunities are always available on all EVI committees and the 12th step list. Gratitude with Service forms are now available on our website. Please encourage your Group members to volunteer for a service position. The life they save may be their own.

In the spirit of Tradition Eight, Love and Service

Kim Watkins

Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	Oct	2021
Meeting Information Calls.....	118	1,388
General Information	105	1,074
Referred to Salt River Intergroup	4	50
Referred to Al-Anon.....	14	118
Referred to Community Info.....	0	7
12th Step Calls	13	131
Business Calls	94	855
Office Visitors	153	1,389
Meeting lists printed.....	600	4700
Info request via E-mail	42	395
Desk Volunteers-Reg/Sub/None.....	34 / 6 / 2	
Desk Volunteers-Reg HRS YTD.		1,340 hrs

Web Stats

Website Visits last 30 days 26,679, YTD 259,687

Google Searches last 30 days 5,197

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

FAF	1730 W Guadalupe Rd. Mesa	WE Noon	C
Ladies Lunch Bunch	7335 E Broadway Rd. Mesa	MO Noon	W,C
The Promises	18160 N Maya Angelou Dr. Maricopa	WE Noon	O
Kitchen Table	18160 N Maya Angelou Dr. Maricopa	SA 10:00am	O,B
Over the Influence	2222 S Price Rd. Tempe	MO 6:30pm	O

Changes: ~Still too many to mention.~

Deletions:

417 Group	6289 S Greenfield Rd. Gilbert	TH 7:00p	O
Junkyard Dogs	1565 E Warner Rd. Tempe	MO 7:00p	M.C

East Valley Intergroup **NEW**
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
PO Box 3691
Gilbert AZ 85299

Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820 **NEW**
PO Box 1901
Queen Creek, AZ 85142-9998

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30%

to GSO



50% to Intergroup

GROUP CONTRIBUTIONS



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GROUP	Oct.	YTD
11th Step Candlelight		\$40.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
417 Group		\$187.00
A Vision For You Group		\$1,211.34
ABC Group	\$150.00	\$250.00
Ahwatukee Group		\$750.00
Ahwatukee Nooners		\$820.00
Ahwatukee Saturday Men's	\$166.83	\$2,293.85
Ahwatukee Women's Group		\$350.60
Arbor Daily Noon Group	\$200.00	\$2,000.00
As Bill Sees It QC		\$140.36
As You Wake Up		\$0.00
Attitude Adjustment Ahw.		\$160.20
Attitude Adjustment CG		\$130.00
Basic II		\$100.00
BBookworms	\$120.00	\$1,054.00
Bloopers		\$1,720.00
Bootstrap Men's		\$0.00
Both Books		\$0.00
Breakfast Club	\$250.00	\$2,750.00
Busted Ego		\$250.00
By The Book		\$111.87
Chandler Men's Stag Group	\$400.00	\$650.00
Chandler Noon Group	\$178.00	\$1,274.50
Chandler Women's Big Book Group		\$653.50
Common Solution		\$0.00
Common Thread		\$1,981.06
Courage To Change		\$0.00
East Phoenix Men's		\$683.00
East Valley Men's Stag		\$525.00
East Valley Veterans		\$200.00
Easy Does It Group	\$88.87	\$2,388.70
Eye Opener Group		\$500.00
Family Recovery Group		\$0.00
Feelings and Solutions	\$92.00	\$92.00
Fill in the Blank	\$100.00	\$475.00
Firehouse Meeting		\$75.00
Florence Group		\$90.00
Friday Night BB, Step Study		\$0.00
Get It Together	\$1,116.07	\$4,907.03
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$0.00
Good Orderly Direction	\$40.00	\$60.00
Grateful Dames		\$138.53
Grateful Girlfriends		\$0.00
Gratitude Group		\$319.00
Great Start	\$350.00	\$600.00
Gut Level	\$50.00	\$195.00
Happy Hour @ Sunbird		\$300.00
How It Works		\$147.00
Into Action		\$0.00
Keepin It Real Ladies		\$0.00
Last Resort		\$89.36
Life In The Big Book		\$433.00
Maricopa 12 X 12	\$40.00	\$240.00
Maricopa Group	\$50.00	\$225.00
Mid-Morning Group		\$300.00
Miracle House	\$333.33	\$333.33
Monday Night Madness		\$100.00
Morning After		\$150.00
Name In The Hat		\$330.00
New Beginnings		\$200.00
New Spirit Group	\$35.00	\$917.90
No Big Deals		\$370.00
No Name AA Group		\$250.00
Opportunity Knocks		\$100.00
Page A Day	\$953.16	\$3,218.82

GROUP	Oct	YTD
Patio Group		\$1,625.70
Pioneer Group	\$82.00	\$199.60
Price Is Right		\$60.00
Primary Purpose Group		\$462.00
Progress Rather Than Perfection		\$100.00
Putting God First		\$0.00
Queen Creek Nooners		\$831.91
Re-Awakening Group		\$636.27
Remember When		\$350.00
Renewed Spirit		\$300.00
Rising Spirit		\$1,213.65
Road To Recovery	\$50.00	\$2,709.39
Rock Solid		\$50.00
San Tan Men's		\$310.00
Second Chance Group		\$411.13
Serenity Now		\$309.05
Shade Tree		\$280.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold		\$0.00
Sobriety Rocks		\$40.00
Society Group		\$0.00
Some Are Sicker Than Others	\$50.00	\$300.00
Southeast Valley Stag		\$500.00
Spirited Women		\$135.55
Step By Step Group		\$100.23
Steppers		\$150.00
Stepping Stones		\$0.00
Sunday Afternoon Step		\$200.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$400.19
Sun Lakes Women Serenity Seeker		\$225.00
Sunset Group		\$100.00
Tempe Group		\$100.00
Tempe Nooners	\$50.00	\$505.00
Tempe Sunrisers		\$40.00
Tempe Young People		\$0.00
The Library		\$52.00
The Real Thing		\$25.00
The Way Out Group		\$721.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out	\$60.00	\$300.00
Tuesday's Trudgers		\$25.00
Tumbleweeds Group		\$700.55
Upon Awakening		\$2,700.00
We Ain't Dead Yet		\$120.00
We Agnostics		\$181.31
We Can Group		\$0.00
Wednesday Night Step	\$356.50	\$356.50
Wednesday Night Winners		\$0.00
Welcome Home		\$350.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$200.00
Women in Gratitude		\$200.00
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women-disbanded		\$25.00
*Anonymous Groups		\$0.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$0.00
AZ AA Women's Conf		\$0.00
District 08		\$0.00
Dist 08-813		\$125.00
Dist 08-819		\$0.00
Meal and a Message		\$0.00
Group Totals	\$4,961.76	\$56,901.48
EVI Committees	\$42.00	\$292.00
Individual Contributions	\$1,655.00	\$9,596.54
GRAND TOTALS	\$6,658.76	\$66,790.02

*Group contribution with no group name listed)



BALANCE SHEET October 31, 2021

Assets

Current Assets

Checking	8,783.84
Prudent Reserve (Savings)	37,859.86
Accounts Receivable	1,153.00
Inventory Asset	26,413.53
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$79,276.00**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	154.00
Payroll taxes	110.00

Total Liabilities **\$264.00**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	27,480.81
Net Income	7,752.25

Total Equity **\$79,012.00**

Total Liability & Equity **\$79,276.00**

PROFIT & LOSS STATEMENT October 2021

25 Group contributions totaling	\$4,961.96
7 Individual contributions totaling	\$1,655.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$42.00

Total Contributions **\$6,658.96**

Total Income **\$10,408.62**

Less total Cost Of Sales **\$3,023.33**

Gross Profit **\$7,385.29**

Less total Expenses of **\$6,801.69**

Net August Gain **\$583.60**

YTD 2021 Gain **\$7,762.51**

The current Prudent Reserve balance is \$37,859.86
The Prudent Reserve has been
established for 2021 in the amount of \$28,862.38

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer
fullflight@cox.net

Traditions Checklist

Tradition Twelve: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to *me* if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to *my* standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is *my* part?
6. Does my personal behavior reflect the Sixth Tradition—or belie it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made *me* so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of *me* among more than a million AAs?

East Valley Intergroup Business Meeting Minutes**November 19, 2021**

Meeting Opened at 7:00 PM in person and on Zoom. Opened with the Serenity Prayer. *V = Virtual

Welcome to the New Reps: Marybeth – Into Action, Katherine – Feelings and Solutions, Mike A– the Pigeon Coop Tempe Sunrisers

AJ G – Rising Spirit	Glen S. – Primary Purpose	Mike B – Road to Recovery	Robin F – Livin’ Free V
Angelica S ??? V	Hayden – Sunday Afternoon Step study V	Monica S – Sun Lakes Serenity Seekers	Rose M – Happy Hour, Morning After
Ashley S – Price is Right	Jose A. – Upon Awakening V	Nina ??? V	Sharon B – Steppers
Brittany V – The Tribe V	Kaine – The Way Out V	Peggy R – Opportunity Knocks	Starr – CWBB V
Buddy M – Gratitude Group	Katherine – Feelings and Solutions V	Phil H. – Ahwatukee Saturday Mens	Susan G. – WIG V
Charlie R – East Valley Men’s Stag	Ken C. – Sunset Group	Ramon W. – Mesa Alano breakfast club V	Susan M – Tempe Group
Cole L. – Easy Does It	Lisa H - GIT	Rebecca S – Ahwatukee Group	Tom C. – PAD
Cris H. – Bloopers	Marcy M – Road to Recovery	Richard H – Step By Step	

Tom welcomes everyone. The 12 Traditions read. Introduction of new reps, both in person and virtual.

Secretary’s Report: Presented in packet. Motion to accept and seconded. Motion passed.

Treasurer’s Report: Ron S.- reviewed report from the packet. 25 group contributions, 7 individual contributions. Prudent reserve on hand = \$37,859.86, prudent reserve goal = \$28,862.38. Checking account is a little high, but we spent money on PSAs. Ken C. – Sunset Group motioned to approve treasurer’s report. Seconded by Ashley. Report is accepted as presented.

Additionally – The budget hasn’t changed, but we added the previous two years budget and actuals to make a clearer picture. We will postpone the acceptance of the budget until next month.

7th Tradition: \$32 in person. You can make a 7th tradition contribution on the EVI website. www.aamesaaz.org

Chairperson’s Report: Tom N. – no written report.

Vice Chairperson Report: Barb M.

· Attended the 08 820, 08 819 and 08 818 subdistrict meetings last month on Zoom. Maricopa County Service Meeting is doing mock elections. Elections to be held in Nov.

Office Manager Report: Kim W.

· Winter visitors are coming back. In Oct we had 153 office visitors, set up 13 12 step calls during office hours.

· Google website had 5197 views in October · Making the Holiday event schedule. Let me know if you have events, etc. so I can put it on our website.

· AAWS has 8 book titles out of stock right now, we have plenty. Our PSAs can be viewed on AA.org. We will air from Nov. through January. Keep in mind, our phones may get a little busier.

· The office is requesting that you send us photos of your meeting places (with no people).

STANDING COMMITTEE REPORTS

PI/CPC: (Public Information and Cooperation with the Professional Community) Tom C.

· Tom reviewed the minutes from the PICPC meeting (in the packet). · Committee Meetings are first Monday of the month. It’s on Zoom and at the EVI office. · If anyone is interested in doing service work on the PICPC Committee, please contact Tom C. at (310) 393-5651 or mynametom@yahoo.com or PICPC@aamesaaz.org

Special Events: Mindy S.

- Asking for raffle basket donations for the New Year's event
- New Year's event will be taking donations at the door, there is not a charge at the door as stated in previous report.
- Special Events Committee needs volunteers
- Thanksgiving Alcahthon next week. Looking forward to it!

Phone committee: Lisa

- All is well. Emails are sent out regularly to ask for folks to volunteer for phone slots.

Unity Committee: Marna for Dave K.

- Our purpose is to go out to meetings who do not have an EVI rep and invite them to EVI. Need volunteers for the committee. You do not need to be an EVI rep. Phone number is in the packet and on the flyer. We meet at 6pm right before the EVI Business meeting.

Sponsorship Workshop: Larry S. for Jerry C.

- First workshop in January is covered, then Jerry will be stepping away from the position. · Please use the link in the email to reach the online signup sheet. Or To Sign-up Click Here!

No Booze News (NBN) Newsletter Editor: Rick – Not present.

Literature: Mike K.

- The literature committee was not at the last event (scheduling snafu). Please let me know if you would like literature to be at your event.

LIASION REPORTS

Al-anon Liaison: Vicki B. (virtual) – Winter Extravaganza last week.

H&I Liaison: Dave T. – Unhooked is a facility that needs a meeting taken in. Florence meetings have resumed. Perryville location is looking for volunteers to bring in meetings.

Spanish Liaison: Marge M. – not present. Report sent to Secretary: Hola everyone not to much to report. Still working on the Women's workshop event getting closer to the date Dec 4th I have left flyers at the Intergroup office with details about the event all you ladies are welcomed it be interpreted if needed. We are pretty excited for this event. This is # 6 first time for a Spanish AA Women's event to happen here in Phoenix. Been attending Spanish mtg speaking on the event traveling with the women to California, New Mexico, Colorado to inform them on the event. Should be well attended. Tonight I will be in el Mirage at a to speak about this event.

Zonypaa Liaison: Megan P. - not present

Sub District 08-818: Tearsa C. – not present

Sub District 08-819: Lois L. – Meet on second Thursday of every month on Zoom at 7pm. New alternate DCM voted in. Still have openings, needing a secretary.

Sub District 08-820: Debbie C. – First Monday of every month on Zoom. Held elections. New DCM and alternate DCM. Budget was passed. Need a secretary. Will be meeting in person in December.

ELECTIONS Clarifications – a person can nominate themselves, Only EVI reps can vote.

Officers:

1. Chairperson (requirement 5 years of sobriety, 2-year term)

Nominated – J J., qualified. Note that he is a couple months shy of the 5 year sobriety requirement. Elected.

2. Vice Chairperson (requirement 5 years of sobriety, 2-year term)

Nominated – Barb M. *Note – Barb will stay on as vice chair as she filled this position in the middle of the term. Qualified. Elected by acclamation.

3. Treasurer (requirement 5 years of sobriety, 2-year term)

Ron shares about the mechanics of Treasurer position. Kim does the majority of the formatting. Lois (previous Treasurer) shared her spreadsheet, Ron will share with new person. Joseph M. Qualified. Elected.

4. Secretary (requirement 2 years of sobriety, 2-year term)

No nominations.

Advisors (requirement 2-year sobriety):

1. Advisor to the Phone Committee – No nominations

2. Advisor to the Special Events Committee – Two nominations; Marcy M. Qualified, Sharon B. Qualified. New Advisor elected Sharon B.

Business Meeting Minutes Continued 3. Advisor to the PICPC Committee – Marcy M elected.

4. Advisor to the Unity – Nomination of Cole L. Qualified. Cole elected.

ANNOUNCEMENTS: · EVI monthly speaker meeting is on the first Friday of each month here at Church of the Epiphany.

· Folding day Tuesday 11/23/21 at 9am. We really need help. Motion to close meeting. Passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service, Maria Stanley

Hidden, Lost and Found

From the AUGUST 1963 GRAPEVINE

All the test questions proved this mother of nine wasn't an alcoholic, but. . .

UNFORTUNATELY, I am a rarity in AA. I was what they call a hidden alcoholic.

I hid everything that had anything to do with my drinking. Few people knew I drank to excess, and not more than two or three suspected I might be an alcoholic. I hid bottles. I was a master at that. When they had something in them I hid them where they could be easily available to me--in the soap-flakes box under the kitchen sink, among the towels in the linen closet, in the pockets of my overcoat. I even threw out good cough syrup and filled that bottle with what I felt was much more desirable medicine. When those bottles were empty I hid them in the bottom of garbage bags; I wrapped them in newspaper and put them in the neighbor's garbage cans; I dropped them behind the walls of an unfinished closet. Once I even went so far as to wrap an empty bottle in wet paper towels, smash it to smithereens and flush it down the toilet.

I drank a lot. At one time I drank in excess of two fifths a day. After a while, I switched to beer. For a long time I drank little but beer. For seven months of one pregnancy I didn't drink at all. I made a bargain with a friend to lend my family a certain amount of money if I would promise not to take a drink until the baby was born. That was my first prolonged dry spell for a long time, and my last for a long time.

After that, beer ceased to satisfy me. I couldn't drink anything except beer in front of my husband, so I'd always have a bottle hidden--sometimes in the pocket of *his* overcoat. This I didn't like too much. And there were other things I didn't like.

I didn't like the fact I rarely felt right, physically or mentally, until after I had had a drink. I didn't like the fact that my next drink was my number-one thought, when and how I was going to get it. I didn't like the way I looked; my face was pasty--sometimes bloated--and never did it sparkle or look alive. I didn't like the financial drain of alcohol; I didn't like the increasing curtailment of all outside activities because I never felt up to par.

I tried to stop. I made a bet with my husband that I wouldn't drink for seven days. I spent six miserable days, at the end of which I decided we hadn't had a real bet after all--and it didn't matter anyhow. I tried not to drink until four in the afternoon; I was miserable. I tried to drink only a bottle of beer and one shot an hour; I was miserable.

And then, finally, one big glaring fact had to be faced: I was drinking when I didn't want to. I kept excusing myself to myself. But that didn't, thank God, last long.

In the course of my life I had read everything I could readily find on alcohol and alcoholism. My father is an alcoholic, dry now because of God and himself, so I grew up knowing what alcohol in excess could mean to an individual and all who love him. I watched my own drinking pattern develop from a "drink would be nice" to "make it a double." I took all the tests for alcoholism in the magazines and newspapers. They threw me for awhile because: I didn't have blackouts; I didn't pass out (I just fell asleep when I was tired, and who wouldn't be tired taking care of nine kids and a big house); I'd never been in jail or seen a doctor or psychiatrist for my drinking; my husband didn't leave me because I was a lush; I never had any great personal tragedy directly due to alcoholism. But I had read about tragedies and I knew they did happen to those who progressively drink more, as I seemed to be doing.

So I had to stop before it was too late. Actually I didn't know how AA was going to help me, or if they could help me. I only knew that before I lost all respect--the little bit of self respect I had left--I had to stop.

So I called AA. In those first few weeks I learned certain little ways to stay sober--to just put off having a drink. Sometimes I didn't even think of it. At other times the desire for a drink became such an obsession that I could just put off that drink for five minutes, then for another five minutes, and finally the thoughts on the job I was trying to do would break through and the desire would leave me. I kept active--that's not hard with nine kids, but I found I had to do other things besides housework. There were a lot more ways: meetings where I aired my alcoholic problems, reading the Big Book which many times gave me the answers and talking to others, learning their problems and learning what might have happened to me.

Yes, AA and God got me sober. And because of that I wake up in the morning with hope and love and faith in my heart. I look at the dawn as a beautiful thing. I go to bed at night tired, but feeling good because I have accomplished something. If nothing else, I have been sober.

BY: M. B. C. | PHOENIX, ARIZONA